

## Your Health Journey Begins Here



### Begin Here

### TLS<sup>®</sup> 30-Day Jump-Start Kit

Being healthy is a lifestyle, and TLS is all about finding what works for you — from the food you eat to the supplements that support your body. The journey begins with the TLS Jump-Start Kit for the first 30 days. After that, it's essential to maintain healthy habits.

This easy-to-follow, cost-effective, all-inclusive kit promotes optimal body composition and addresses the essentials of effective weight loss. Whether you need to tone up or lose weight, or want to jump-start a longer weight loss journey, the 30-Day Jump-Start Kit is perfect for you.

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REV: 0523

Individuals following the TLS Weight Loss Solution can expect to lose 1–2 pounds per week.

These statements have not been evaluated by the Food and Drug Administration. This product(s) is not intended to diagnose, treat, cure or prevent any disease.